

Our Training

BiblicalEQ.com

- Book (both print and Kindle)
- Workbook
- Online Course
- DVD set
- Seminars (6 session & 10 session)
- Coaching and Consulting

Biblical EQ training can be delivered as a weekend seminar, an online course, a class in a seminary, a workshop, in a small group, or as personal coaching.

In a local church Biblical EQ may be used in advanced small groups and adult Sunday School classes.

This is leadership training material and involves college level concepts. Biblical EQ training is thorough and is designed to have a strong and lasting impact for many years.

John Edmiston will work with you to tailor the training to suit your local context. The cost is quite reasonable.

Resources such as the books and DVDs may be ordered through the website - www.biblicaleq.com



John Edmiston is available to take your church, missions agency or organization through Biblical EQ.

John Edmiston B.Sc. B.D. is the CEO of Cybermissions, an author, speaker and seminary professor who has taught as adjunct faculty at the Asian Theological Seminary and Fuller Theological Seminary. He has a secular background in career and workplace counseling.

Biblical EQ (a ministry of Cybermissions)

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Biblical
EQ



Wise Hearts and Minds

Biblical EQ will show you how to develop a Christ-centered belief system which will transform you emotionally.

This transformation occurs as you develop a Spirit-filled and biblical perspective on life. The practical exercises and deep insights will help you to "get unstuck" from persistent issues.

You will grow in love, holiness and radiant Christian joy!

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How *Biblical EQ* Can Benefit You....

Emotional Intelligence?



According to Daniel Goleman 85% of career success (among people starting out in the same profession) is not due to IQ (intellect) but to EQ (emotional intelligence, ability to read people, life and situations)

Emotional intelligence helps us to be wise in our hearts and minds, so that we live masterful lives, and learn to recognize, understand, control and effectively utilize our God-given emotional capacities.

Does My Organization Need EQ?

Do you want to:

- Strengthen the core emotional and people skills of your leadership team?
- See really solid and deep spiritual growth?
- Find intelligent approaches to some of your staff conflict issues?
- Prevent stress and burnout?
- Cope in a secure or high-pressure situation?
- Succeed in a business or ministry where your emotions are called on all the time?

Then Biblical EQ may be for you!

Biblical EQ Training is designed to:

1. Give Christians a sound biblical basis for understanding their emotions and the emotions of others.
2. Develop leaders in your church or missions agency who are "stress resistant" and who can manage their emotions well and fulfill their calling as Christian leaders and witnesses of the gospel.
3. Be a resource for Christian counselors and qualified therapists who are seeking an integrated approach of a) biblical perspectives and b) the best secular techniques and understanding.

Biblical EQ entails the godly and wise management of emotions which is a key skill in Christian living and in serving God effectively.

Biblical EQ sees Jesus Christ as the model for the Christian emotional life and the Holy Spirit as the real power in personal emotional transformation.

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It then shows how Scriptural beliefs can improve our self-understanding, emotional life, and inner personal mastery.

It is written from an evangelical/charismatic perspective that takes Scripture as the basis for all its conclusions. It also incorporates some secular knowledge that is "Christian compatible".

Biblical EQ answers these questions:

- How can I bring my emotions under control?
- Did Jesus have emotions?
- Are my emotions important to God?
- Why do some Christians have a glow about them?
- Some people seem so masterful, how do they do that?
- Why did Jesus weep?
- Where do emotions come from?
- How can I express emotions wisely and well?
- What's the difference between my mind and my brain?
- Why is love important?
- Can I really be "together" like Jesus was?

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